

RULES

Field events

Long jump is open to all competitors and will run throughout the day as called. If a competitor makes the qualifying jump, they will be given an additional 2 jumps. Discus finals will also be held.

Footwear

It is **compulsory** all athletes wear some form of **footwear**. Spikes may be worn (maximum length spike 9mm). Grass spikes are not permitted on the tartan long jump run ups. Tartan spikes are allowed.

Qualification to finals

200m 8 fastest heat runners from places timed

100m 10 fastest heat runners from places timed

Please note—winning a heat does not guarantee a place in the final.

800m advanced runners only (2 laps). Run as a straight final.

Ball games and novelty events

If time permits, ball games and novelty events will be called throughout the day. Years 3,4,5,6.

Race age information

Jnr = 8, 9, 10 years (turning or have turned 8,9,10 this year)

11 year = turning or have turned 11 this year (compete as Snr in relays)

Snr = 12 & 13 year (turning or have turned 12 or 13 this year)

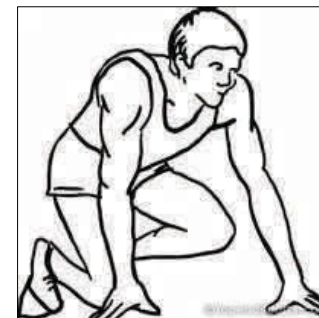
DENISTONE EAST PUBLIC SCHOOL



ATHLETICS CARNIVAL

2018

Dunbar Park, Marsfield
Tuesday 3rd July 2018



Order of events

(The order of events may be subject to change on carnival day)

1. 12/13 girls then boys 100m heats
2. 11 year girls then boys 100m heats
3. 10 year girls then boys 100m heats
4. 9 year girls then boys 100m heats
5. 8 year girls then boys 100m heats

6. Snr (12-13 y) girls then boys 200m heats
7. 11 year girls then boys 200m heats

8. Jnr (8-10 y) girls then boys 200m heats

N.B Field events will take place concurrently with running events throughout the day

Jnr girls and boys long jump and discus

11 year girls and boys long jump and discus

12/13 year girls and boys long jump and discus



track competitors
to compete
first

9. Jnr girls then boys 800m timed final
10. 11 year girls then boys 800m timed final
11. Snr girls then boys 800m timed final

~ LUNCH ~

12. Jnr girls then boys 200m FINAL
13. 11 year girls then boys 200m FINAL
14. Snr (12/13 year) girls then boys 200m FINAL

15. 8 year girls then boys 100m FINALS
16. 9 year girls then boys 100m FINALS
17. 10 year girls then boys 100m FINALS
18. 11 year girls then boys 100m FINALS
19. 12/13 year girls then boys 100m FINALS

* Time permitting

23. Jnr girls 4x100m RELAY
24. Jnr boys 4x100m RELAY
25. Snr girls 4x100m RELAY
26. Snr boys 4x100m RELAY

