



Newsletter

20 June 2019 Term 2 Week 8

Upcoming Events

Friday 21 June	3-6 Assembly School Hall 9am Area Cross Country Carnival – Gosford Race Track, Racecourse Rd, Gosford No PSSA
Tuesday 25 June	Ryde School Spectacular Choir Rehearsal 1 – Ryde Civic Centre Stage 1 Scienza Viva Incursion – “Food Chemistry Workshop” Year 1
Wednesday 26 June	Stage 1 Scienza Viva Incursion – “Food Chemistry Workshop” Year 2
Thursday 27 June	Kindergarten 2020 School Tour 12pm
Friday 28 June	K-2 Assembly School Hall 9am PSSA - AFL-ESL Hall, Netball & Soccer – Meadowbank, Tiger Tag – Morrison Bay
Monday 1 July	Stage 2 Planatarium Incursion School Hall
Wednesday 3 July	Multicultural Public Speaking Local Finals
Thursday 4 July	Reports go home
Friday 5 July	3-6 Assembly School Hall 9am – Cross Country ribbons to be handed out PSSA - AFL-ESL Hall, Netball & Soccer – Meadowbank, Tiger Tag – Morrison Bay Last Day of School
Monday 22 July	Pupil Free Day
Tuesday 23 July	Term 3 students first day back at school
Wednesday 24 July	Kindergarten 2020 School Tour 12pm
Tuesday 30 July	Interrelate 6pm-8.15pm

Principal Report

Cheers to our students

Well done school aerobics teams – all four teams and our solo performer through to Nationals on the Gold Coast in August. Thank you to the coaching team, Mrs Hyland, Miss Kenney, Miss New, Mrs Lewis and Mrs Biro. A special thanks to Mrs Biro for her commitment to the team whilst on maternity leave.

Well done to our students who have had work selected for Operation Art from K-2 Emily and Annie and from 3-6 Joshua and Chloe.

Also a shout out to Joshua in stage two for his success in an external writing competition. Great piece of poetry!

Building Update

Exciting pool news.

Many thanks to Chloe from stage two Seuss for her carefully crafted letter about the pool; I am very happy to share some good news.

Invitations to Tender have been issued to the five short-listed, prequalified and registered builders for the pool and attached facilities. Drawings and updates will be provided once available. The Ausgrid upgrade to electricity is progressing with a site for the new substation being negotiated.

School build remains on track with the office relocation will happen on the final days of term 2. Furniture has been delivered and site inspections held to identify any defects or faults. The landscaping is being established and fencing will be reinstated prior to the handback of the building during the school holidays.

The classrooms are also on track with handover still scheduled for the holidays at the end of term 3. The school staff are currently working on a moving plan as to which classes will occupy the new learning areas.

Community

A reminder to have a look at City of Ryde traffic study reports. The reports are available through the council's website. www.ryde.nsw.gov.au/haveyoursay. There are a number of changes suggested for both the short and the long term to improve student safety. Please have a good look at the report and provide comment to City of Ryde.

Wednesday coffee cart at Lovell Rd entrance and library open for parent borrowing. A great opportunity to grab a book to share with your child or look at our growing range of parent resources. We are also currently refreshing our bilingual library with the help of our Mandarin and Korean community language teachers. As Denistone East has 37 cultures represented we would welcome parents from all cultural backgrounds to assist with the location and selection of children's literature from a range of language backgrounds.

Principal Report

Learning

Next week year One and year Two will participate in some exciting science with a visit from *Scienza Viva-Food Chemistry Workshop*. Using common materials from the kitchen, the classes will separate colour mixtures, measure the acidity of a solution with red cabbage juice, make ink from tea and nails, use eggs to show how cooking chemically changes food, make works of art with milk and food colouring, look at the properties of unusual materials and of course, have a bit of fun with the reaction between vinegar and sodium bicarbonate.

Our Spectacular Choir will rehearse with the other school choirs next Tuesday at Ryde Civic Centre in preparation for their Opera House Performance.

Thank you to Ryan Marshall, Laura New Judy Hyland and the Stage Three Team for the organisation of our first athletics carnival at Sydney Olympic Stadium Warmup track. The carnival was a great success and it is wonderful to have a venue with excellent facilities and capacity to have us all there together. K-2 really enjoyed the atmosphere and being part of the day.

Good luck to our cross country competitors competing in Gosford on Friday in the Area Cross Country. Let's hope the Gosford Racetrack has you galloping to victory!

"Education is not the filling of a pail, but the lighting of a fire." ~ William Butler Yeats

Michelle Collyer
Principal

School Initiatives

DENISTONE EAST



PUBLIC SCHOOL

PRINCIPAL
Ms MICHELLE COLLYER
ABN: 18 246 198 266

June 2019

Cybersafety Parent Workshop

Dear Parents/Caregivers

As part of our Wellbeing Strategy in our School Plan we are hosting two parent Cybersafety Workshops. They will be presented by Debbie Crystal the local Youth Liaison and Education Officer.

The one hour sessions will be held in the school library at the following times –

Tuesday 25 June 2019 at 8:30am
Thursday 27 June 2019 at 4:30pm

Stage 3 students will meet with Constable Crystal on Monday 24 June 2019 and have an opportunity to discuss and ask questions regarding the implications of social media and how to protect themselves online.

For more information on Cybersmart please visit the website below.

<http://www.cybersmart.gov.au/Parents.aspx>

If you would like to attend this workshop please fill out the below slip and return to the school office.

Stage 3 Teachers

Michelle Collyer
Principal

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Please complete this section and return to the school office by Friday 21 June 2019

Cybersafety Parent Workshop

I parent/s of student/s

in class/s would like to attend the Cybersafety workshop on

☐ Tuesday 25 June 2019 at 8:30am

☐ Thursday 27 June 2019 at 4:30pm

Lovell Road, Eastwood, NSW 2122
Email: denistonee-p.school@det.nsw.edu.au

Tel: (02) 9874 6678

Fax: (02) 9858 5300

Website: www.denistonee-p.schools.nsw.edu.au

School Initiatives

ENROL NOW FOR KINDERGARTEN 2020

Denistone East Public School
Kindergarten Orientation Program



At Denistone East Public School we are keen to provide you and your child moving into Kindergarten in 2020 with a positive start to primary school.

PLEASE ENROL NOW TO ENSURE A SMOOTH TRANSITION FOR YOUR CHILD.

School Tours

Bookings are essential for all school tours.
Please ring our school administration office
9874 6678.

Tour 1 – Monday 27 May 2019 12pm
Tour 2 – Thursday 27 June 2019 12pm
Tour 3 – Wednesday 24 July 2019 12pm
Tour 4 – Tuesday 6 August 2019 12pm



ORIENTATION SESSIONS

Parents/carers can book their child into sessions through our administration office on 98746678.

For these sessions your child will attend a Kindergarten classroom where they will engage in a variety of activities including art/craft, stories, games etc. We would encourage each child to attend at least one session and ideally all four sessions.

Parent information sessions will be run at the same time, in the school hall.

THURSDAY 24 OCTOBER
10-11 am

Parent Information Session:
Readiness for School Focus

Parents will be given information about School/Preschool/Home partnerships, Child Independence & School Readiness including tips for helping you child at home in preparation for starting school.

THURSDAY 31 OCTOBER
10-11 am

Parent Information Session:
Literacy & Numeracy Focus

Parents will be given information about how Literacy and Numeracy skills develop in Kindergarten. This hands on/interactive session will include literacy/numeracy activities.

THURSDAY 7 NOVEMBER
10-11 am

Parent Information Session:
Well-being Focus

Parents will be given information about student well-being and how they can work in partnership with the school to cater for their child's individual needs.

THURSDAY 14 NOVEMBER
10-11 am

Parent Session:
Welcome Morning Tea

This is an informal session. Morning tea hosted by 2019 Kindergarten Parents. A chance to chat about the Kindergarten year and an opportunity to ask questions.

SAFE, RESPECTFUL LEARNERS.

For further information and to book a school tour please contact the school office on 98746678

School Initiatives



Parent Information Meeting: Wednesday 19 June 2019



Education Public Schools NSW GOVERNMENT



In this session we will examine information about:

- The School Excellence Framework & Community Engagement
- The Australian Professional Teaching Standards & Community Engagement
- The DEC School Community Charter

- Parent Involvement
- Student sickness
- The Canteen
- Casual teachers
- Music Program Tender Process
- Community Languages Program
- Uniforms
- Finances – school
- Finances – P&C
- P&C Constitution

Education Public Schools NSW GOVERNMENT



The School Excellence Framework supports all NSW public schools in their pursuit of excellence by providing a clear description of the key elements of high quality practice across the 3 domains of learning, teaching and leading.

The Framework describes 14 elements across 3 domains.

Each year schools will assess their practices against the Framework to inform their school plans and annual report.



Education Public Schools NSW GOVERNMENT

SCHOOL EXCELLENCE FRAMEWORK

Community Engagement: Excelling

The school is recognised as excellent and responsive by its community because it uses best practice to embed a culture of high expectations, and effectively caters for the range of equity issues in the school.

Community engagement	Parents and community members have the opportunity to engage in a range of school-related activities which help build the school as a cohesive educational community.	The school regularly solicits and addresses feedback on school performance from students, parents and the broader school community.	The school is recognised as excellent and responsive by its community because it uses best practice to embed a culture of high expectations, and effectively caters for the range of equity issues in the school.
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Education Public Schools NSW GOVERNMENT

WHAT DO SCHOOL LEADERS NEED TO THINK ABOUT?

Australian Professional Teaching Standards: Lead

7.3.4 Engage with the parents/carers	Identify, initiate and build on opportunities that engage parents/carers in both the progress of their children's learning and the educational priorities of the school.
3.7.4 Engage parents/ carers in the educative process	Initiate contextually relevant processes to establish programs that involve parents/carers in the education of their children and broader school priorities and activities.

Education Public Schools NSW GOVERNMENT



The newly released School Community Charter outlines the responsibilities of parents, carers, educators and school staff in NSW public school to ensure our learning environments are collaborative, supportive and cohesive.

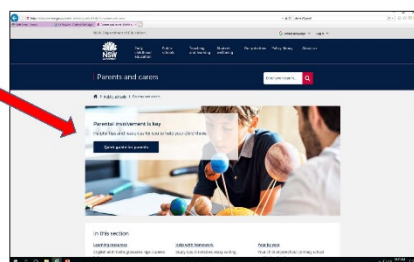


Education Public Schools NSW GOVERNMENT



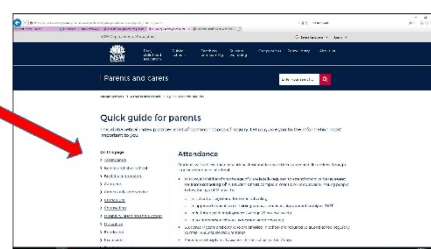
Parent Involvement

<https://education.nsw.gov.au/public-schools/practical-help-for-parents-and-carers>



Parent Involvement

<https://education.nsw.gov.au/public-schools/practical-help-for-parents-and-carers>



School Initiatives



Student Sickness

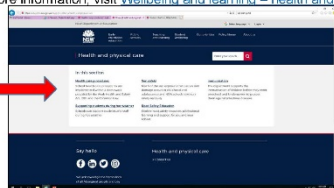
<https://education.nsw.gov.au/public-schools/practical-help-for-parents-and-careers>

Health and Safety

Public schools promote the healthy development of students through:

- school programs and practices that protect and promote health and safety
- supporting individual students who need help with health issues
- providing first aid and temporary care of students who become unwell or who have an accident at school.

For more information, visit [Wellbeing and learning – health and physical care](#).

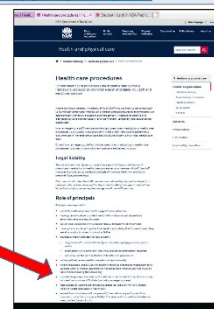


Student Sickness

<https://education.nsw.gov.au/student-well-being/health-and-physical-care/health-care-procedures>

Role of Principals

Principals are required to provide temporary care when a student becomes unwell at school, which may include the provision of first aid (including emergency care)



Student Sickness

Student Health in NSW Public Schools: A summary and consolidation of policy

<https://education.nsw.gov.au/policy-library/policies/student-health-in-nsw-public-schools-a-summary-and-consolidation-of-policy?refid=285776>

Policy statement

1.1

This policy requires schools to implement practices related to student health that comply with the NSW Work Health and Safety Act 2011 (WHS Act), Common Law obligations, and anti-discrimination and privacy legislation, and that demonstrate a commitment to collaboration with parents to support the wellbeing of students.

1.11 First Aid

1.11.1 Schools are responsible for providing first aid at a local level and are required to implement department policy and procedures regarding first aid in schools.

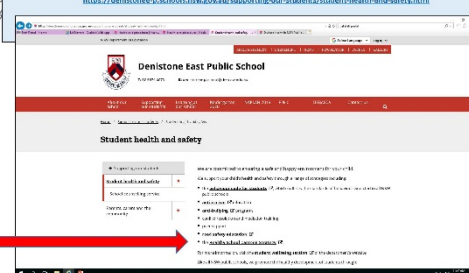
1.12 Care of students who become unwell at school

1.12.1 Students who become unwell at school are best transferred to the care of parent/carer. The aim of care given at school to such students is to make them comfortable in the interim.



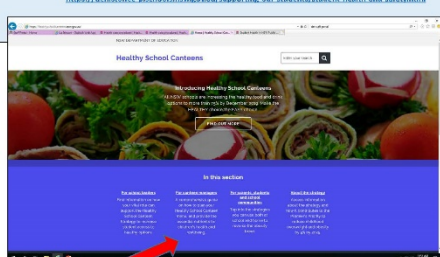
Canteen

<https://denistone-p.schools.nsw.gov.au/supporting-our-students/student-health-and-safety.html>



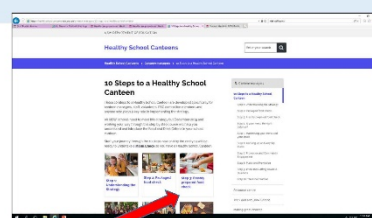
Canteen: Food Safety Compliance

<https://denistone-p.schools.nsw.gov.au/supporting-our-students/student-health-and-safety.html>



Canteen: Food Safety Compliance

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Canteen: Food Safety Compliance

<https://denistone-p.schools.nsw.gov.au/supporting-our-students/student-health-and-safety.html>

Part 2: Food Safety

Food safety is vital because children are more vulnerable to food-borne illnesses than most adults. Food safety in a canteen is particularly important as it applies to:

- high-risk foods
- chopping boards
- defrosting
- refrigerating
- cooking
- reheating



Canteen: Timeliness

<https://denistone-p.schools.nsw.gov.au/supporting-our-students/student-health-and-safety.html>

Creating opportunities to engage volunteers

Volunteers can be enablers for a Healthy School Canteen however, it is acknowledged that the availability of volunteers can be a pressing issue for school canteens.

School Initiatives



Casuals

- From June 2018, the department has engaged ClassCover to provide a new app-based platform for sourcing and booking casual teachers.
- While a casual teacher can include documentation on their profile, it remains the responsibility of the relief teacher coordinator at the school to verify the credentials of the casual teacher. This includes approval to teach, Working With Children Check confirmation and e-emergency care, anaphylaxis certificates and previous work experience / history <https://education.nsw.gov.au/human-resources/recruitment/teaching-service/school-teachers/casual-teachers/classcover>
- All casual and temporary teachers are required to achieve and maintain their Proficient Teacher accreditation within their allocated timeframe to continue to teach in a NSW school. <https://education.nsw.gov.au/human-resources/performance/school-teachers/accreditation/casual-teachers>



Music Program: Tender Process

Introduction

The Denistone East Public School is seeking a suitable Vendor to administer and operate a comprehensive music program on its premises in 2019.

The P&C music program was established in approx. 2007 and has been managed by a P&C subcommittee consisting of parent volunteers since its formation over 10 years ago.

Present day compliance requirements of the Department of Education are such that the current models to operate the music program by volunteers is no longer tenable, and the school desires to outsource the music program and its administration in its entirety.



Music Program: Criteria for Tender

Compliance and Governance

- Child Safety during, prior or post lesson
- Code of conduct for direct employees
- Feedback and grievance management
- Absenteeism management

Band Program

- Depth of conducting experience
- Conductor skill diversity
- Experience with Working in Schools environment
- Past eisteddfods participation and merits
- How will the band structure best suit the needs, interest and development of DEPS students



Music Program: Criteria for Tender

Tutoring Program

- Tutor skill diversity
- Depth of tutor experience
- Past student grading result

Additional

- Band camp program quality
- Extra features
- Financials



Music Program: Tender Report

Executive Summary

In order to enhance the sustainability, compliance and the safety of children, Denistone East Public School has decided to outsource the music program that has been run by the P&C committee in the past. A tender panel consisting of 6 members was setup to oversee the process. The panel has invited 5 service providers to tender. 3 responses have been received before the submission deadline. One late submission and one request to extend the deadline have been rejected by the panel.

The 3 providers have been scored independently by 4 members of the panel. A predefined set of weights was then applied to the scores. The panel decided the scores were too close to decide a winner. Each of the vendors was invited to a face-to-face interview.

The Musical Partnership was unanimously recommended by the panel. It is recommended by the panel that The Musical Partnership is to be offered 1-year contract to run the musical program from 2019 with intention to extend.



Community Languages

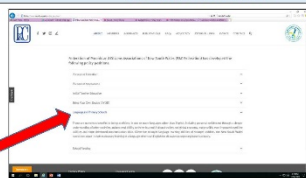
Community Languages Induction Program # 0

- The diverse cultural and linguistic backgrounds of Australians who are fluent in or familiar with languages other than English is a rich language resource. The term 'community languages' has been used since 1975 to denote languages other than English spoken within the Australian community.
- Denistone East has successfully applied for 2 community languages – Mandarin and Korean



Community Languages: P&C

<http://www.pccr.org.au/pccr/pccr.htm>



There are numerous benefits to being proficient in one or more languages other than English, including personal enrichment through a deeper understanding of other societies, an improved ability to thrive in a multicultural society and global economy, and possibly even improved cognitive abilities and more developed communication skills. Given the stronger language learning abilities of younger children, the New South Wales curriculum could include mandatory learning of a language other than English for all students beginning in early primary.



Community Languages

Community Languages Induction Program # 0

- Background speakers from Chinese language backgrounds attend Mandarin
- Background speakers from Korean language backgrounds attend Korean
- All other students are provided an opportunity to attend either Mandarin or Korean. The school funds additional Mandarin and Korean background speaking teachers to provide access to all students at Denistone East in one of our community languages.

School Initiatives



Community Languages

[Community Languages Initiative Program V 2 p. 83](#)

- In preparing a teaching program in Community Languages teachers refer to the K-6 syllabus documents.
- The K-10 Languages Syllabus has most elements necessary for programming however the actual language and teaching and learning experiences are for the teacher to design.



Uniform

<https://education.nsw.gov.au/public-schools/practical-help-for-parents-and-carers>

Uniforms

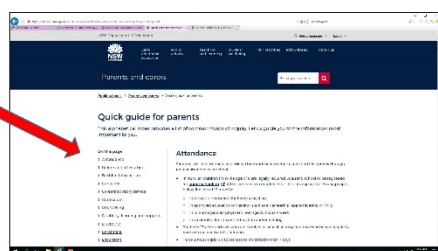
The department supports the wearing of school uniforms by students. Schools develop their own uniform guidelines in consultation with their community. Parents should contact the school for the guidelines before their child starts at the school. Many schools operate a school uniform clothing pool with new and second-hand items to keep costs down. The school can also advise parents about where to buy uniforms. For more information about school uniforms, visit:

- [School Uniform Policy](#)
- [Wellbeing and learning – school uniforms](#).



Uniforms

<https://education.nsw.gov.au/public-schools/practical-help-for-parents-and-carers>



Uniform

<https://education.nsw.gov.au/policy-library/policies/school-uniform-policy>

School Uniform Policy Statement

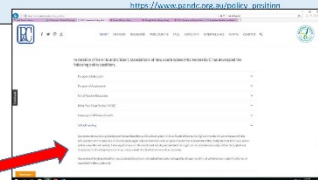
1.6 Each school's uniform must be the result of formal consultation with students, teachers and other staff, parents or carers, and the school community (including the Parents and Citizens' Association).

1.12 Each school's uniform requirements should be reviewed when the need arises. Parents and carers must be given sufficient time to purchase items and schools may need to give parents **up to three years to change more costly items**. All suppliers and retailers must also be notified and given sufficient time to change the school uniform. Each school's uniform requirements, along with a brief statement about who was consulted, should be kept on file by the principal of each school.



Finances: P&C

https://www.pandc.org.au/policy_position



Governments must as a priority provide and fund the public school system in New South Wales to the highest standard in accordance with the achievement of the basic aim of education, being to help each individual to progress toward the attainment of their full potential, both as a person and as a member of society. Funding of schools to this level **must not depend on fund-raising** from the school community, either through direct donations, fund-raising events or from the proceeds of school services such as canteens. Government funding should be needs-based, thereby providing the foundation of equality of opportunity that will allow our nation's children to reach their fullest potential.



P&C: Constitution

https://www.pandc.org.au/policy_position

2. Objects and Functions

The objects and functions of this association shall be those set out in Section 116 of the Education Act 1990 which include

(i) The objects:

- (a) to promote the interests of the school by bringing parents, citizens, students and teaching staff into close co-operation; and
- (b) to assist in providing facilities and equipment for the school and in promoting the recreation and welfare of the students at the school.



P&C: Constitution

https://www.pandc.org.au/policy_position

3. School Staff

The association shall not exercise any authority over the teaching staff or any matter relating to the control or management of the school. School staff may become members of the association. The Principal of the school, or the Principal's nominee, shall be a member, ex-officio, of the association and all its committees.

Student News

Leaders Report

Last Saturday the Denistone East Aerobics teams went to Chatswood to perform at the State Finals. They were absolutely amazing and they all successfully made it through to Nationals. Each team received a gold, silver or bronze medal and we are all very proud of their efforts.

The K-6 Athletics Carnival was on Tuesday and was a great day. Thank you to all the teachers for organising such a fantastic carnival. It was so good to see so many students participating and cheering for their house. Thank you to all the house leaders for managing your house areas and keeping the chants going.

Good luck to all of those students going to Regional Cross Country on Friday. We hope you do your best!

Stewart House Collection

Denistone East will have its second Stewart House collection for 2019 on 3 July which is Wednesday of week 10. (This is the last collection for 2019) Bags will be sent home on Tuesday 18 June to each family and can be filled and sent to the office after that date. Stewart House does a wonderful job of caring for vulnerable children across this state and the ACT so please support them. Place good used clothing and manchester in the bag and return to school by Tuesday 2 July.

Thanks for your support

Deborah Owen

Years 3-6 ICAS Assessments 2019

Our school has supported the University of New South Wales ICAS assessment program for a number of years. Up to and including last year, the assessments have been pen and paper tests. ICAS has moved to an online platform in 2019, with testing taking place between the 2nd and 20th September. As you are aware, the online processes involved with NAPLAN were challenging.

Like most schools, our school conducted the assessments during school hours supervised by teachers. The number of students participating in the ICAS tests in previous years indicate that all classes in Years 3-6 will be disrupted during the weeks of the testing time.

After much discussion, our school will not participate in 2019 ICAS. While this may be disappointing, students will not be disadvantaged. The marks obtained from ICAS have never been used to inform teaching and learning, nor have they been used as part of the OC/Selective High School applications. Many of the schools in our area that have supported ICAS in the past have also opted not to participate this year, including (but not limited to): Cherrybrook, Beecroft, Murray Farm, Oakhill Drive, West Pennant Hills, Epping West, Epping Heights, Ryde East, Boronia Park, North Ryde, Balmain and North Kellyville.

We believe there are options available within the local community should you still wish for your child to participate in the ICAS assessments.

Thank you for your understanding.

Michelle Collyer

Principal

Student News

Aerobics State Final

Last Saturday 4 Aerobics Teams and 1 Singles competed in the NSW School Aerobics State Final. Our Year 3 Team and our Boys Team won Gold medals and our 2 Senior Girls Teams won Silver and Bronze medals. Zachary L also competed in the Singles section and won a Gold medal.

All these students are now eligible to represent NSW in the School Aerobics National Competition on the Gold Coast in August.

Congratulations to all these students on an amazing effort.

Aerobics Coaches

Operation Art 2019

A huge thank you to everyone that participated in Operation Art 2019. There were two uplifting artworks chosen from each class that were entered into the Denistone East Operation Art Gallery. All students were given the opportunity to become art critics and vote for their favourite artwork. The votes were collated to award a K-2 and 3-6 People Choice Award. We also thank our experienced Curator for choosing two more artworks to be awarded the Curator's Choice. The four artworks that were selected have been delivered to the Operation Arts Unit.

The winners of K-2 are Emily. L Year 2, Annie. P Year 1

The winners of 3-6 are Joshua. P Stage 2 and Chloe. C Stage 3

Congratulations to all students that participated.

Kate Bowman and Keryn Simpson



Student News

Congratulations

Congratulations to Joshua on winning the Laura Literacy Award his poem is below.

Where Did They Go?

The pencil next to me.

Where did it go?

The books next to me.

Where did they go?

The water bottle next to me.

Where did it go?

Chatting is gone

Jokes are gone

Smiles are gone

Tick tock tick tock same days go by...

Hustling and bustling the same movements

I am looking for hidden pictures

The name on the wall is still there

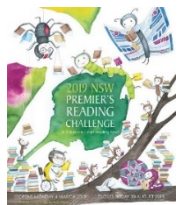
Drawings on the table are still there

I only have the missing heart

Today my best friend went away to another school.

Library

Premier's Reading Challenge



Congratulations to the 12 students in Year 3-6 for recently **completing** their Premier's Reading Challenge (PRC):

Year 3: Tianming, Sarah R, Suyi

Year 4: Ferdinand

Year 5: Sienna

Year 6: Eric C, Ellen, Olek, Ashton, Chenumi, Alicia, Monica

Scholastic Book Club

Issue 4 Scholastic Book Club orders are starting to arrive. They will be delivered to your son/daughter's classroom ASAP. Please be patient as once again this was a particularly large order.

Growing Strong Minds

During their next lesson, each stage will focus on the following character strength:

Stage 3 – Teamwork

Stage 2 – Forgiveness

Stage 1 – Fairness

Early Stage 1 – Reflection (reviewing character strengths)

Please find following further information about each of these strengths – including *what to say* and *what to do* with individuals who display this strength. *What to say, do and read* as well as *fun facts* and *shadow side* information is also included.

Thank you

A very big THANK YOU to the wonderful mums who assist in the library shelving books, tidying shelves as well as take book home to cover. Your volunteer work is greatly appreciated.

Ms Armstrong & Ms Diaco



TEAMWORK



The character strength Teamwork refers to working well with others. It refers to being hard working for the benefit of the common good, the team.

Teamwork involves loyalty and citizenship.

<p>WHAT TO SAY?</p>	<p>Talk to your child about which strengths are important in a team? Perhaps focus on a team they are in (for instance a sports team, chess, choir, orchestra etc.)</p> <p>Discuss which of your child's character strengths would benefit a team and why.</p> <p>"Well done for encouraging the others, that shows good teamwork."</p> <p>"Great job setting the table together, good teamwork."</p> <p>"Good work waiting for the others, that shows kindness and teamwork."</p> <p>"You all worked well together, everyone contributed and supported each other. Great teamwork."</p>
<p>WHAT TO DO?</p>	<p>Choose a strength to focus on for a week as a family. How can you help each other to be a strong team?</p> <p>Practice good communication skills.</p> <p>Encourage others.</p> <p>Volunteer for a group, perhaps at your school.</p> <p>Encourage positive self-talk about your team e.g. 'We can do this.'</p> <p>"Encourage children to work on a project together or complete a chore together".</p>
<p>SHADOW SIDE?</p>	<p>You may become too obsessed with your team and view them as superior to others and beyond negative repute. You may also find it difficult to complete tasks independently.</p>
<p>FUN FACT?</p>	<p>'One of the strengths that predicts fewer depressive symptoms in high school students (Niemic 2018).'</p>



FORGIVENESS



Forgiveness refers to giving people a second chance and not holding a grudge. This means: letting go of anger and sadness when someone has made a mistake. When ready to, saying “I forgive you” when someone apologises, and not remaining upset. It involves understanding that we all make mistakes and being able to move on.

It is necessary to honour the hurt/grief caused by an action before you can then forgive yourself or others. Forgiveness does not mean forgetting or accepting someone’s behaviour. You don’t have to agree with what has happened to forgive.

WHAT TO SAY?	<p>“It’s good how you forgave Flynn when he apologized, it was an accident.”</p> <p>“Forgiving someone doesn’t mean you’re saying that what they did was okay, it’s saying that you choose to move on and not stay angry or upset.”</p> <p>“It’s good how you have forgiven Ruby, we all make mistakes.”</p>
WHAT TO DO?	<p>Practise empathy – if you are annoyed with someone think about why they might be behaving that way.</p> <p>Role model forgivingness – understand that we all make mistakes.</p> <p>Discuss with your child how it feels in their body when they fully forgive someone. And also how it feels when they are finding it hard to forgive. Holding a grudge often feels worse for us than it does for the person we are finding it hard to forgive.</p>
WHAT TO READ?	<u>Molly and Mae</u> by Danny Parker
SHADOW SIDE?	<p>You may let people walk all over you. You may also not hold yourself accountable.</p> <p>Ensure you have appropriate boundaries.</p>
FUN FACT?	<p>Forgiveness increases self-esteem and builds relationships. Empathy assists people to forgive. It is important that children witness others role modelling forgiveness.</p> <p>There are many psychological and physical health benefits of forgiveness, including improved ‘emotional wellbeing, social support and spiritual wellbeing.’ Additionally forgiving people ‘experience less anger, anxiety, depression and hostility than less-forgiving people’ (Niemic 2018).</p>



FAIRNESS



Children need to understand that Fairness involves everyone receiving what they need, not necessarily everyone receiving the same. That is, Fairness refers to treating people equitably.

Role modelling this is important.

Fairness requires empathy for others.

WHAT TO SAY?	<p>"I like how you waited your turn, that shows the strength Fairness."</p> <p>"It is good to play by the rules, that is fair."</p> <p>"We need to wait in the queue, it is the fair thing to do."</p> <p>"Well done for dividing the cake out equally, that is fair."</p> <p>"I know you are upset that you only got one turn, but remember Julie missed out last time, so giving her a second go is fair."</p> <p>"I know fairness is important to you, do you think it's fair when you keep calling out in class and others don't get a turn"?</p>
WHAT TO DO?	<p>Play games by the rules.</p> <p>Practice empathy. Just acknowledging others feelings can help them to feel better.</p> <p>Role model treating people from different ethnicities non-stereotypically.</p> <p>Role model owning up when you make a mistake.</p>
WHAT TO READ?	<p><u>Share and Take Turns</u> by Cheri Meiners</p> <p><u>Eleanor Won't Share</u> by Julie Gassman</p>
SHADOW SIDE?	<p>You may get too upset over an injustice and need to learn to let it go.</p>

P&C News

The Cottage – Second Hand Uniform Shop

The Cottage Shop will continue to be open on every second Thursday (even weeks) from 9:15am.

Opening dates for the remainder of term 2 are:

4th July

As well as good quality second hand uniforms, we also sell new music uniforms and bags and new school umbrellas (all \$15 each). A reminder that we take cash only.

We appreciate donations of second-hand uniforms, dropped off to the shop when open or if closed to the school office.

Canteen Volunteers:

The roster for the remainder of Term 2 is as follows:

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
				21st June Maria Sanna
24th June Suzanne Hayes	25th June Viviane Zhuang	26th June Amanda Ng	27th June Tammy Scharenguivel	28th June Zoe Dalae
1st July Vani	2nd July Amanda Karhani	3rd July Boaly Cheung	4th July Rowena Henery	5th July (last day of term) Sunila Oak

Community News


DEBASCA July 2019 | VACATION CARE

BOOKING INFORMATION			CONTACT DETAILS	
<p>How to Book: Please book online. Go to: https://debasca.wufoo.com/forms/debasca-2019-july-vacation-care/ and complete the online booking form (one per child).</p> <p>Booking Period: Weeks 5-9 (From 27th May - 26th June)</p> <p>MUST BE booked online by Wednesday 26th June 5.00pm (AEST)</p> <p>\$10 late penalty will apply to forms submitted after the cut-off date.</p> <p>NO Cancellations/Refunds will be processed after Wed 26th June. ANY change to a booking once it has been submitted will incur a \$5 fee per change, per child.</p> <p>IMPORTANT NOTE: When booking, please book under your child's current 2019 school grade.</p>			<p>Location: 35a Brabyn Street Denistone East 2112</p> <p>Phone: 02 9874 6760</p> <p>Email: admin@debasca.org.au</p> <p>Website: www.debasca.org.au</p> <p>Vacation Care Opening Hours: 7am – 6pm</p> <p style="background-color: yellow; text-align: center; padding: 5px;"> Government Subsidy is available for eligible families. ENSURE you have COMPLETED THE CCS ONLINE ASSESSMENT otherwise FULL FEES will APPLY. </p> <p>Please visit our website www.debasca.org.au for further information on MENU, LOCATION & REMINDERS and IMPORTANT INFORMATION.</p>	
KEY: In house days = yellow Excursion day = green Incursion days = navy BYO (Bring Your Own) Morning Tea (M/Tea) /Lunch = red				
July 2019 - VAC Week 1				
Mon 8th K-2 INCURSION Animal Kingdom \$90 * We are making Winter Warmer Animal hats! Keep nice and cosy warm with our 'Stuffer' day!  M/Tea & LUNCH PROVIDED	Tues 9th K-2 EXCURSION MSTYP 'Maya & the Sea Dragon' Theatre Show \$95 * Shhhh! There's a secret lying at the bottom of Sydney Harbour...  BYO M/Tea LUNCH PROVIDED	Wed 10th K-2 INCURSION Rockstar Workshop \$85  * An exciting, educational & encouraging workshop, building self esteem through story-telling & performance skills. M/Tea & LUNCH PROVIDED	Thurs 11th K-2 IN HOUSE Hansel & Gretel's* Cooking with Kids \$75  * German themed day with a twist on a traditional story! M/Tea & LUNCH PROVIDED	Fri 12th K-2 INCURSION 3-6 Walking EXCURSION Koomurri Painting Message Stones \$85 * Artefacts, weaponry, bush survival and history -Aboriginal song and dance - Aboriginal face painting - didgeridoo and storytelling.  M/Tea & LUNCH PROVIDED
3-6 Walking EXCURSION Laser Tag at the Park \$95  BYO M/Tea LUNCH PROVIDED	3-6 INCURSION Coding with Drones \$85 * Code & Fly, Overcome obstacles and destroy zombies!  M/Tea & LUNCH PROVIDED	3-6 EXCURSION Reverse Garbage Waste Sorting Challenge \$100  * Reuse & Recycle. Learn about sustainability. BYO M/Tea LUNCH PROVIDED	3-6 EXCURSION Buffalo Creek Reserve Boardwalk Bushwalk \$80 * Play & bushwalk through the Lane Cove National Park. * MUST wear enclosed toe shoes.  BYO M/Tea and LUNCH	3-6 EXCURSION Reverse Garbage Waste Sorting Challenge \$100  * Reuse & Recycle. Learn about sustainability. BYO M/Tea LUNCH PROVIDED
July 2019 - VAC Week 2				
Mon 15th K-6 INCURSION Cool Kids First Aid \$85  * We will learn and practice the following skills; - How to recognise an emergency situation - How to call '000' - An introduction to DRSA/BCD (CPR) principals of first aid - Basic bleeding control M/Tea & LUNCH PROVIDED	Tues 16th K-2 INCURSION Great Big Science Show \$85  * Foaming chemical reactions, explosions, liquid nitrogen, fireballs and lots more! M/Tea & LUNCH PROVIDED	Wed 17th K-2 EXCURSION Royal Botanic Gardens 'Mossy Monsters' at The Calyx \$95  BYO M/Tea and LUNCH	Thurs 18th K-2 IN HOUSE The Magic Pudding* & All that it Aussie Brings \$75  Aussie Icons; Food, Books & Tales M/Tea & LUNCH PROVIDED	Fri 19th K-6 INCURSION Hip Hop Evolution \$85  * Dance, Music, Food - join our Korean Hip Hop Evolution! M/Tea & LUNCH PROVIDED
3-6 EXCURSION North Head Whale Watching \$90  Whale watching from land is a great way to see these amazing animals of the deep. Never guaranteed, but we can only try in the migration season! BYO M/Tea and LUNCH	3-6 INCURSION Tennis Pros Unite! \$90  M/Tea & LUNCH PROVIDED	3-6 EXCURSION Tree Tops at The Hills \$110  * Climb amongst the trees at the Cumberland state forest. * MUST wear enclosed toe shoes. BYO M/Tea x 2 LUNCH PROVIDED	KIDSLIQUE  M/Tea & LUNCH PROVIDED	
Mon 22nd Pupil Free Day K-6 INCURSION Tabloid Games \$85  Got Game * A jam packed day with the Got Game crew. Activities will focus on throwing, leaping, jumping, kicking, balance, team work, strength and agility and more! M/Tea & LUNCH PROVIDED				

PLEASE REMEMBER 

- * **DEBASCA UNIFORM:** is compulsory for ALL excursions. May be purchased through the booking form.
- * **NON- NOTIFICATION:** If your child will be absent for any given VAC day, please inform the centre by 8.30am on excursion days and 10am on an in-centre day. A non-notification fee of \$10 applies if you **do not** let the centre know of your child's absence.
- * **ARRIVAL TIME:** For all excursions, please be at the centre by 8:30am. **WE CANNOT wait for latecomers.**
- * **WATER BOTTLE:** Is required for ALL days. BYO Morning Tea (**M/Tea**) and or BYO Lunch where advised. **NO NUT Products permitted.**

N.B: Program subject to change. If such change is made, families will be notified as soon as possible.

Community News

DEPS Korean Flea Market

- When: 26 June 2019
- Time : 930 - 12pm
- Where: 9 Welby st. Eastwood
- What : school uniform, books, toys, clothes, shoes...
- FREE KOREAN STYLE COFFEE



PRESENTED BY:



**JULY
8 & 9**

**9AM -
3PM**

**\$110 FOR 2 DAYS
OR
\$65 FOR 1 DAY**

NETBALL SKILLS CLINIC



**AGES
7 - 15**

MEADOWBANK PARK

Adelaide Street, West Ryde

To secure your place visit
www.erna.nsw.netball.com.au
Under the Holiday Clinic tab

BRING:
Hat & sunscreen
Food (no nuts)
Drinks

WEAR:
Suitable training
gear & no jewellery

SEE BELOW FOR REGISTRATION & NEW PAYMENT DETAILS

Lifeline Saving Lives

Crisis Support. Suicide Prevention.

Need crisis support now? We're here to help. Call 13 11 14 (24/7)

SYDNEY'S BIGGEST BOOK FAIR

18th - 21st JULY 2019

**THU/FRI 9am - 9pm
SAT/SUN 9am - 5pm**

**KNOX GRAMMAR SCHOOL
PACIFIC HIGHWAY
WAHROONGA**

**100,000+ Books,
CDs, Vinyl Records, DVDs & Computer Games
Pristine Fiction at a fraction of retail prices
Non-Fiction of huge scope and depth
All presented in easy access categories
NEW STOCK ARRIVING DAILY.**

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Enquiries: www.lifelineh2h.org.au 02 9498 8805



**More space,
more books!**

THANKS TO:



Community News

BAYRUN

SUNDAY 4 AUGUST 2019



Join our school's BayRun '19 team!

Sunday August 4, 2019 at 8am

Run the Primary OSHCare 2km children's challenge

Everyone receives a medal for taking part!

Register now at www.bayrun.com.au
Like us on facebook.com/bayrunaustralia/



Make your race count!

Fundraise for the Indigenous Literacy Foundation and help children in remote communities across Australia!

Set up your own fundraising page at:
give.everydayhero.com/au/team-bay-run-2019

KIM
H2510S

MOD.WOH2GMA2 TA STEK1T
5th - 13th JULY SCHOOL HOLIDAYS 2019
Presented by Sydney North Region Scouts & Guides

AN ON-STAGE VARIETY SHOW FOR THE WHOLE FAMILY



**Established
over 30 years**



NOW ENROLLING FOR TERM 3!

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XTREMEENERGYDANCE@OUTLOOK.COM**

**Alternative Days and Extended programs
also available at other locations, visit:
www.xtremeenergydance.com**

DANCE @ DEPS!

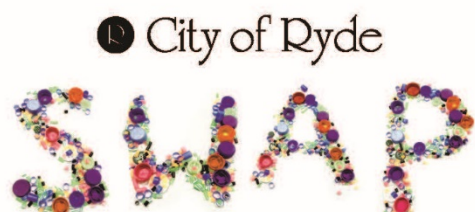
Classes available for Kindergarten - Year 6

EVERY MONDAY at the Denistone East Public School Hall

3:45-4:30	Junior Jazz (School years kindergarten, 1 & 2)	
4:30-5:00	Junior Ballet (School years kindergarten, 1 & 2)	Intermediate Ballet (School years 3 - 6)
5:00- 5:45	Intermediate Jazz (School Years 3-6)	



Community News



2019 SUSTAINABLE WASTE 2 ART PRIZE

Back for its ninth year, the City of Ryde's annual Sustainable Waste 2 Art Prize (SWAP) is a chance to express your creativity through reimagining the artistic potential of rubbish and recovered materials.

Get inspired at one of our free workshops. Make an artwork, and submit it for consideration in the SWAP exhibition happening at See Street Gallery, Meadowbank TAFE.

There's \$4,500 in prize money up for grabs across five categories:

Open (18+yrs) • Youth (14 – 17yrs) • Junior (10 – 13yrs)
Functional • People's Choice.

MORE INFORMATION

Head to ryde.rocks/SWAP for more information and to submit your application.

IMPORTANT DATES

- **Entries open:** Tuesday 4 June 2019
- **Entries close:** Monday 12 August 2019
- **Free workshops:** Wednesday 10 – Saturday 20 July 2019
- **Announcement of winners:** Wednesday 18 September 2019
- **Exhibition opens:** Thursday 19 September – Thursday 3 October 2019

PROUDLY SUPPORTED BY



Community News



When:
Sat 28th July, 2019 from 12-2pm
Sat 4th August, 2019 from 12-2pm
Where: Pioneer Park, Marsfield
Cost: Free

You're invited to try Baseball with Macquarie Saints...
A fun day for the kids!

For more information, contact:
Adrian Hobson 0419 693 710
Russell Sheffield 0410 057 989



SCHOOL HOLIDAY PROGRAMS AT MACQUARIE UNIVERSITY

This winter, your kids can fire up their imaginations and keep their hands and minds busy at our popular school holiday programs.

Holiday gymnastics and swimming programs

Kids can bounce, balance and tumble around the gymnastics hall, or jump in the pool with our swimming classes which range from learn-to-swim to more advanced levels (4 to 15 years of age). Individual and group lessons/clinics are available.

Vacation care

Our vacation care program has something for everyone: indoor and outdoor activities and excursions, arts and crafts, drama, cooking and games. It's hands off devices and hands-on fun.

Junior Science Academy

Switch on their curiosity at our Junior Science Academy with fun, hands-on experiments in classes for students from kindergarten to Year 6.

RoboCamps

Build robots and learn to drive them with the Thunder Down Under robotics team. Fun, educational and professionally run, these classes are ideal for children in Years 1-6. **Creative Kids vouchers** (value is \$100) can be claimed for any robotics or coding class. Apply through ServiceNSW for your child's voucher).

Want more information? Visit our website: mq.edu.au/about/holidays

Community News



just football academy

JULY - 19

SCHOOL HOLIDAY CAMP

Mon Jul 8th - Wed Jul 10th | 9am - 1pm

ELS Hall Synthetic Field 109A Kent Rd, North Ryde

BOYS & GIRLS 4-14 YEARS \$230 ^{EX GST} | New players will receive a complimentary training jersey

Register at justfootballacademy.com.au/register | Enquiries can be made on 1300 724 189

EARLY BIRD DISCOUNT
EXPIRES JUN 21



Organised by
Rotary
Club of North Ryde

"Dress Up"

SAVE THE DATE

Good for you,
Good for mental health

Beneficiary:



Macquarie University Sport Fields
(Corner Talavera and Culloden Rds, Macquarie Park)
Have fun with friends and family, dress up if you like in your favourite/funky/colourful outfits, enjoy a BBQ and support youth mental health projects including research funds through Australian Rotary Health and the Cool Kids Program at Macquarie University Centre for Emotional Health.

- 2km Walk
- 2km Run
- 5km Run
- PRAM PUSH
- Corporate
- CASH prize for school with most entries

Cost: \$25 for adults
\$15 for students/children
\$10 for PRAM Push

Register online at: www.northrydefunrun.com.au

Sponsored in 2018 by:




Winter School Holiday Activities

Check out our school holiday activities for primary school students

Students will receive an interactive presentation on banknote security features and get a sneak peek at the new uncirculated \$20 banknote. They will also be taken on a guided journey through the Museum and learn about the history of Australia.

Cost: Free
Registrations of interest are now open. To register your child please visit the Museum Website www.museum.rba.gov.au/events

Important Information:
Offers for attendance to School Holiday sessions will be sent 5-10 business days out from the event. As this is a highly subscribed event we cannot guarantee all registrations will be offered a place for this school holiday period.

Email: museum@rba.gov.au
Phone: (02) 9551 9743
Ground Floor, 65 Martin Place
Sydney NSW 2000

Sessions for Kindergarten - Year 2
Monday 8th July, 10.00am - 11.30am
Wednesday 10th July, 10.00am - 11.30am
Friday 12th July, 10.00am - 11.30am

Sessions for Year 3 - Year 6
Monday 8th July, 1.00pm - 2.30pm
Wednesday 10th July, 1.00pm - 2.30pm
Friday 12th July, 1.00pm - 2.30pm