



D.E.P.S Newsletter 11 August 2023

Term 3, Week 4



Upcoming Events

Monday 14 August	Stage 3 Swimming Program
Tuesday 15 August	Stage 1 <u>Hambledon</u> Cottage excursion – Finch, Eagle, <u>Olley</u> and half of Budgie – morning Owl, <u>Wren</u> and half of Budgie - afternoon
Wednesday 16 August	Stage 1 <u>Hambledon</u> cottage excursion – Cockatoo, <u>Rosella</u> and half of Magpie – morning Peacock, <u>Swan</u> and half of Magpie - afternoon Sports Pro – Year 3 – 6 – Students to wear sports uniform
Friday 18 August	Sports Pro – Year K – 2 – Students to wear sports uniform. PSSA Winter – Round 14
Wednesday 23 August	Sports Pro – Year 3 – 6 – Students to wear sports uniform
Thursday 24 August	Book Week Parade & Picnic
Friday 25 August	Sports Pro – Year K – 2 – Students to wear sports uniform. PSSA Winter – Round 15

From the Principal



The newsletter is a little late as we had a big week at Denistone East Public School. I was fortunate enough to travel to Adelaide with the aerobic team on Friday. The weekend was a great success with one gold, two silvers and a bronze medal. The students showcased their talent with grace and sportsmanship. Myra B from stage three Chisholm was selected to open the competition with an oath committing to a competition that demonstrated fairness, excellence, skill and kindness.

Congratulations - 3 / 4 Team, unplaced but strong in a large field of competitors. Peiran W Lester, Claire S Potter, Bella C Gibbs, Cerina M Jennings, Shuyi Y Seuss, Chuhan L Carroll, Chloe P Blyton, Carissa L Fox

Bronze to our amazing boys- Daniel Y Bennelong, Sebastian L Wentworth, James N Jennings, Luke K Gibbs and Leon L Potter – competing in an open section and the only all boys team.

Silver for Orange Team: Charlotte A Chisholm, Claire C Potter, Brooke B Lester, Chloe S Reiby, Maya B Chisholm, Stella K Lester, Ivy X Lawson

Silver for our littlest ladies, their first year in aerobics- Keziah L Potter, Doris Z Rowling, Emma M Potter, Emma R Blyton

Gold for Blue Girls' Team- Jia D Hargreaves, Suli I Hargreaves, Ella K Hargreaves, Ebonie N Reiby, Erin S Wentworth, Sophia L Mabo.

Thank you to the coaching team, Kath Biro, Allison Kenney, Lisa Lewis, Mischa Hardy, Kirsty Stuart and head coach and team manager Judy Hyland – without their commitment and passion for excellence our students would not have the opportunity to represent our school and State and shine.

A big shout out the parents and families for continuing to support our students. Weekend competitions, training and watching routines is all part of our success.



Last Tuesday parents attended the Growing Strong Minds presentation, with Nicole Nossiter. It was great to see parents interested in the presentation that looked at developing key character strengths in our

students both at home and in school. Growing Strong Minds is part of our school's wellbeing programs. Lessons on character strengths are taught across the school.

<https://growingstrongminds.com/strong-minds/>

Our assembly to celebrate student achievement was a great success. Students received recognition for a variety of co curricula events- including athletics, debating, public speaking, spelling bee and Operation Art- it is wonderful to see the diverse range of activities that our students participate and excel in.

Thank you to all our parents who attended the celebration.

In Week 10 another assembly will be held to celebrate

- Write On Competition
- Aerobics
- Year 2 Performance Dance
- Senior Dance Troupe
- Year 2 Choir
- Senior Choir
- Boys Hip Hop
- Korean Dance Group
- Cross Country

This week stage one is heading off to historical Hambledon Cottage in Parramatta – they will be looking at family life through the eyes of the Macarthur family. This will allow them to step back in time and compare family life then (200 years ago) with family life now.

Hambledon Cottage was built by John Macarthur in 1824 on the grounds of his Elizabeth Farm Estate as additional accommodation for family and friends. It was home to many prominent Parramatta identities and is listed on the NSW State Heritage Register.

The regional Spelling Bee final will be held on Friday 18 August and we wish our regional representative, Hayley P, good luck.

A reminder that the new gates are in operation on Brabyn Street. Please always use caution on our streets and remember to observe the speed limit. Our students, your children are precious, slow down, be observant and polite to others.

The school has been advised that our main toilet blocks on both sites will be upgraded towards the end of the school year. I will keep you updated as information is provided around the designs and timing.

The P&C has generously provided funding for new bins and outdoor tables for the students to use at breaktimes. The bins will allow for recycling and be more bird proof. The Student Representative Council proposed this initiative as they have been concerned about rubbish in the playground and no opportunities to recycle.

Calendar Dates

Week Six – Thursday 24 August Book Week Celebration - 9.15am parade with rug reading to follow. Parents and grandparents welcome. P&C hosting a second hand book stall.

Week Seven- Monday 28 August - Thursday 31 August - Three Way Learning Conversations

Kindy: Monday 28 August

Stage One: Tuesday 29 August

Stage Two: Wednesday 30 August

Stage Three: Thursday 31 August

Bookings opening on Wednesday through Compass

Thursday 31 August: P&C Father's Day Gift Stall

Week Eight: Monday 4 September P&C Father's Day BBQ Breakfast (remember to RSVP)

Monday 4 and Thursday 7 September Kindy Fizzics Incursion

Healthy Lunch Boxes:

Finally, just a few hints on fast and healthy lunch box options:

<https://healthylunchbox.com.au/>

<https://www.taste.com.au/galleries/healthy-lunch-box-ideas-kids/3exqql4w?page=26>

<https://www.kidspot.com.au/kitchen/recipes/collections/healthy-lunch-box-recipes>

<https://www.healthylittlefoodies.com/healthy-lunchbox-ideas/>



Library News

Library News

BOOK WEEK DRESS UP DAY

Are your Book Week costumes almost ready?

Each year, schools and public libraries across Australia spend a week celebrating books, authors and illustrators, to highlight the importance of reading. This year the theme for Book Week is *Read, Grow, Inspire*. We are celebrating with a **Book Character Parade and 'Rug Reading'** on Thursday 24th August **9.15am to 10.45am**.

K-2 Character Parade

K-2 classes are encouraged to dress up as a character from a favourite book. If possible, students can bring a copy of the book with them. Students and teachers from each class will take turns parading in their fabulous costumes. The parade will be held from **9.15am to 10.15am** on the basketball court on the Lovell Road site.

Rug Reading

After the parade parents and grandparents are encouraged to do some "rug reading" with your child until **10.45am**. So, bring along a rug, grab a book and enjoy the sunshine.

Year 3-6

Students in Year 3-6 are also encouraged to dress up for the day. Each 3-6 will be completing a Book Week activity in their classroom.

VISITING AUTHOR

Jane Godwin will be visiting our school on Wednesday 30th August.

Jane is the highly acclaimed and internationally published author of many books for children and young people, across all styles and ages. Jane was the co-creator with Davina Bell of the **Our Australian Girl** series of quality historical fiction for middle readers. Jane's books include her novels *A Walk in the Dark*, *Falling From Grace*, *As Happy as Here* (a CBCA Notable Book) and *When Rain Turns to Snow* (shortlisted for the CBCA Book of the Year for Older Readers and for the Prime Minister's Literary Awards) and picture books *Tilly*, illustrated by Anna Walker (shortlisted for the CBCA Picture Book of the Year Award), *Sing Me the Summer*, illustrated by Alison Lester, and her most recent release *Let's Build a Boat*.



If your child has a copy of any of Jane Godwin's books, they can bring it in for signing.

PREMIER'S READING CHALLENGE [PRC]

The Premier's Reading Challenge end NEXT WEEK!

Students in Year 3-6 must complete their online reading log by Friday 18 August.

CONGRATULATION to the following students who recently completed the challenge:

Year 3 – Olivia G, Samuel H, Sam, Alex J, Elsa, Aidan, Darien

Year 4 – Lauren, Liam K, Emma

Year 6 – Jia, Derek H, Ethan W

Ms Armstrong (Teacher Librarian), Mrs Mittal and Sue Bell – Library Team

Growing Strong Minds - Character Strengths

APPRECIATION OF BEAUTY AND EXCELLENCE	
<p>Appreciation of Beauty and Excellence refers to noticing and enjoying the beauty in nature and life. For instance, appreciating sunrises, amazing mountains or just the singing of a bird, the feeling of grass or the sight of blue skies. It includes valuing the skills of others, such as musicians, actors, and scientists.</p>	
WHAT TO SAY?	<p>"Look at that beautiful sunset."</p> <p>"Listen to that busker, he sounds talented."</p> <p>"Look at the colours on that butterfly."</p> <p>"Your desk is so organized, is that a reflection of your Appreciation of Beauty strength?"</p> <p>"How could you use your Appreciation of Beauty strength to tidy up these draws? Do you think you would prefer opening them if they looked better?"</p>
WHAT TO DO?	<p>Go on a mindful bushwalk, focusing on the beauty around you. Research findings are that this enhances your experience (Nisbet, Zelenski & Grandpierre, 2019).</p> <p>Admire a view.</p> <p>Listen to music or attend a concert/play.</p> <p>Visit an art gallery or museum.</p> <p>Take some photographs.</p> <p>Do some mindful colouring in or drawing</p>
WHAT TO READ?	<p><i>The Lorax</i> by Dr Suess</p>
SHADOW SIDE?	<p>You may be a perfectionist and judgmental of those who are not.</p>
FUN FACT?	<p>Appreciation of Beauty and Excellence often leaves one with a feeling of awe and inspiration. Recent research into 'awe' has found that it increases pro-social behaviour, including generosity, helping behaviours and ethical decision making, as well as decreasing a sense of entitlement and self focus (Piff, Dietze, Feinberg, Stancato, & Keltner 2015). It is important that people in urban environments access nature. Research in this field has found that people who live in areas with green space have less crime, more community cohesion (Weinstein, Balmford, DeHaan, Gladwell, Bradbury & Amano 2015), and decreased aggression, frustration and anger than those in urban centres without flora (Groeneweggen, Van Den Berg, DeVries & Verheij 2006).</p>



AUTHENTICITY/ HONESTY/INTEGRITY



The character strength Authenticity relates to being honest and true to oneself. It refers to valuing telling the truth, even when it's hard. Authenticity falls under the virtue of courage, as it requires bravery. Those with this strength take ownership over their feelings and behaviour.

WHAT TO SAY?	<p>"Integrity means being honest and doing what you say you will, for instance if you plan to meet your friend at the park at 9:00 am you stick to that plan."</p> <p>"If you say you are going to do something it is important to follow through on that. This shows integrity."</p> <p>"Authenticity means being yourself, not pretending to be something different to fit in with your friends."</p> <p>"You are great just the way you are. It is important to be yourself this shows authenticity."</p> <p>"Thanks for telling the truth, honesty is an important strength you have."</p>
WHAT TO DO?	<p>Demonstrate reliability - following through on commitments.</p> <p>Role model offering your opinion.</p> <p>Demonstrate taking responsibility when you make a mistake. For instance, "I'm sorry that was my mistake."</p> <p>Knowing and using your character strengths is a great way to demonstrate authenticity. Role model this. Identify your strengths at: www.viacharacter.org.</p>
WHAT TO READ?	<p><u>The Honest to Goodness Truth</u> by Patricia McKissack</p> <p><u>It's Okay to be Different</u> by Todd Parr</p>
SHADOW SIDE?	<p>You may be too honest with your thoughts and opinions and this can lead to being blunt or offensive. Remembering to dial up kindness can help you develop tact.</p>



BRAVERY



The strength Bravery involves showing courage and standing up for what is right (when it is safe to do so). Bravery requires you to feel some fear but to act anyway.

WHAT TO SAY?	<p>"I like how you tried to do that difficult maths problem. It shows bravery to take a risk and give it a go, even though you might get it wrong."</p> <p>"It sounds like you are worried about trying basketball. I normally feel worried when I try something new too. This is when I call on my bravery because every time I practise bravery I become a bit braver. This allows me to try new things and discover what I enjoy. What could you tell yourself that will help you be brave? What is a helpful thought? - 'It might be fun, I might learn something new, give it a go.'"</p> <p>"What strength(s) did you use to climb that tree?"</p>
WHAT TO DO?	<p>Practise belly breathing with your child. Belly (Diaphragmatic) Breathing is one of the most beneficial relaxation strategies to learn. It stimulates the cortex- the part of the brain required to feel calm and make logical rational decisions. See instructions below.</p> <p>Ask your child to think of something they thought they couldn't do but tried anyway. For example, asking a question in class or learning to ride a bike. What was one thing they may have said to themselves to feel brave? This is called helpful self-talk. What does mum/dad/carer say to get them to be brave?</p> <p>Encouragement fosters bravery.</p> <p>Encourage your child to: try something new; ask questions in class; ask others if they can join their game; do news; express their opinion; stand up for others (when safe).</p>
WHAT TO READ?	<p><u>I Can Do It</u> by Pat Thomas and Lesley Harker <u>Brave as Can be: A Book of Courage</u> by Jo Witek and Christine Roussey</p>
SHADOW SIDE?	<p>You may be too much of a risk taker. Consider dialing up your prudence.</p>
FUN FACT?	<p>Bravery includes saying 'no' if something feels unsafe or wrong. It is important to trust/ believe your gut instincts/how you feel inside - if something feels wrong say 'no' and tell an adult.</p>

 CREATIVITY 	
The strength Creativity refers to using your imagination and coming up with original ideas, being artistic or thinking of different ways of doing things.	
WHAT TO SAY?	"What strength(s) did you use to do that drawing, cooking, acting, writing, or building." "I like how you used all those colours in your painting that really shows your creativity." "You really used your creativity to build that cubby." "How could you use your creativity to solve that problem?" "You're really creative coming up with those different ideas/ways of doing things."
WHAT TO DO?	Allow your children unstructured down time, free from devices. Involve your child in cooking; dancing; playing music. Read a funny story or watch a funny show before embarking on a creative activity. Tell stories with your child where you all have to contribute to the storyline. Visit art exhibits (such as, the Young Archie competition), or science exhibits in National Science Week. Encourage your child to problem solve and find solutions to challenges.
WHAT TO READ?	<u>Harold and the Purple Crayon</u> by Crockett Johnson <u>What do you do with an Idea?</u> Kobi Yamada
SHADOW SIDE?	When you become too interested in creating and cannot finish anything, or will not partake in anything that does not seem creative. Difficulty with following instructions due to wanting to make it unique.
FUN FACT?	Creativity is enhanced when you are experiencing positive emotions. When you are in a positive mood state your peripheral vision is improved and you can therefore come up with more solutions to problems, as you can literally see more. This is known as The Broaden and Build Theory (Fredrickson 2001).



SRC Charity Fundraising Update

Thank you everyone for being involved in the SRC charity fundraiser for Aussie Ark. We raised \$ from the gold coin donations and the sale of our scratch animals. This will go towards continuing to save endangered Australian animals with Aussie Ark.

Next Thursday, 17th August, we are holding a fundraiser for Jeans for Genes Day. Most of you would be aware of the association that helps families with children born with different genetic disorders. They assist in different ways and also support research to prevent these disorders from occurring. Students can wear jeans with their outfit and bring gold coins that day to support this very worthwhile cause. The SRC charity group are promoting the event at school and a compass reminder will be sent out next week,

Mrs Owen and Miss Woo

P & C News



Denistone East Public School
Parents & Citizens Association



For latest information on P&C, go to: <https://www.depspandc.org/>

Or Contact Us: depssec@gmail.com

Key Dates:

Father's Day Stall - Thursday 31st August

Father's Day Breakfast - Monday 4th September

The first P&C meeting for term 3 was held yesterday evening (Tuesday 8th) and I'm happy to announce the funding for 12 new and improved rubbish bins and 6 tables & benches was approved. We understand this was a priority item on the SRC's agenda, so well done to the SRC for pushing this along and this is a great outcome for the SRC, students and the school. The vote for the President of the P&C unfortunately did not proceed due transit delay and interest in ensuring all those interested could be present and eligible. The vote will be postponed to the upcoming AGM in October, which is not long to go.

Please keep your eyes out on further information on the upcoming Father's Day Gift Stall, which will be held on Thursday 31st August and the Father's Day Breakfast & Raffle on the 4th of September. As always, we are calling for volunteers to assist with these events, which is a great way to be involved and be engaged with the school community.

Calling out for Roles in 2023 P&C Committee!

In particular, we are urgently searching for:

1. P&C President (This is an Office Bearer role)
2. Canteen Payroll Officer
3. Grounds Co-ordinator Please contact us if you're interested: depssec@gmail.com

Canteen News

Order online: <https://www.munchmonitor.com/account/login>

School Register ID: denistone

Password: munch2122

REMINDER - Recess & Lunch Cut-off, Change of time – 8:20 am (on the day of your order)

If your child is sick parents need to cancel lunch order before 8:20am. If you miss the cut off time to cancel your order you will be charged the full amount of the order.

Log in to www.munchmonitor.com and go into the day you want to delete the item. Scroll down to the bottom of the page and find the “delete order” button.

Canteen Volunteers

Thank you very much to all of the volunteers for your amazing support! Please see the volunteer canteen roster for Term 3 below. Please sign up if you can assist. If you can't make it on that day, please text message (0421 388 154) or email (denocanteen@gmail.com) to canteen.

[VolunteerSignup - Online volunteer signup sheets - Canteen Volunteer Register 2023 - Term 3 signup sheet](#)

Music News

On 1 August 2023, our musically talented students from the Senior Band and the Senior String Ensemble participated in an event for Group Instrumental Ensembles held by City of Ryde Eisteddfod and gained invaluable experience competing with other schools. The Senior Band played two pieces, namely "Funky Town" and "Smoke on the Water" whereas the Senior String Ensemble played their repertoire consisting of "Avatar" and "Brandenburg No. 3". Particularly, the performance by the Senior String Ensemble was highly commended by the Adjudicator. It was such a great learning opportunity for the participating students who were also able to listen to other music played by other school bands. Special thanks to Mr Gavin Darby of Bennelong Music and Mr Steven Zapevalov for their assistance with the event.

I am pleased to report that we held our annual mid-year music concert dubbed "Junior Night" on the evening of 3 August 2023. It was a fantastic night filled with generous food available for the participating students and their families and various music performances by all the bands, soloists from the Training Band and the Junior String Ensembles and duets and trios from the Senior Groups. I was pleased to see that all the participating students were not only able to enjoy themselves but also able to showcase their musical talent and their passion in music in front of their loved ones. I look forward to seeing other exciting performances from the students at the Year End Concert to be held in December 2023. I'd like to take this opportunity to thank the P & C for their generous contributions to the event, all the parent volunteers who gladly offered to stay behind to clean up the school hall following the concert and Mr Gavin Darby of Bennelong Music for his ongoing support with the school events.

Upcoming events for the music department:

1. Monday, 4 September 2023 – Father's Day performances for the Training Band and the Senior Band
2. Saturday, 9 September 2023 – NSSWE Spring Music Festival for the Senior Band at the Concourse in Chatswood
3. Thu, 13 September 2023 – Excursion to the Sydney Conservatorium of Music for our music students in Stage 2 and Stage 3



Cottage News (2nd Hand Uniform Shop)





Location

In a small white building adjacent to the COLA next to DEBASCA on the Henderson St side. Please make your way through the vegie garden and past the shed on the left.

Volunteers

Looking for volunteers to help support the Second Hand Uniform Shop. We gratefully accept assistance with laundry, shop opening and sorting. If you would like to volunteer, please reach out via email. (Note: Anyone with some sewing skills? Let us know by email, we may have something you can help with)
Email: depscottage@gmail.com

Donations

Good quality school uniform items are gratefully accepted and can be dropped off at the school office.

Appointments

The Cottage second hand uniform shop is only open by appointment.

We are trialing a new method for booking appointments to allow people to select a suitable and available appointment time. Appointments can be booked online at the following link:

<https://calendly.com/depscottage/appointments>

Bookings will be able to be made and cancelled via the link.

Reminders will be sent prior to your booking as well.

Cottage Shop Dates for Term 3:

Friday 28 Jul: 9:15 - 9:50

Thursday 3 Aug: 8:15 - 9:30

Friday 18 Aug: 9:15 - 9:50

Thursday 24 Aug: 8:15 - 9:30

Thursday 7 Sep: 8:15 - 9:30

Friday 15 Sep: 9:15 - 9:50

Thursday 21 Sep: 8:15 - 9:30

If you would like to request a day outside the schedule, please email depscottage@gmail.com and we will advise if we can accommodate your request.

Road Safety News

Road Safety team is open to anyone sharing and providing any direct input or ideas surrounding the management of traffic and general road safety around the school.

So feel free to reach me at:

Jan Ruardy

0410717770

Jan@1bc.com.au



Fundraisers

Athlete's Foot Program

DEPS P&C has collaborated with Athlete's Foot in a fundraising program. Every time you buy a pair of school shoes from Athlete's Foot @Top Ryde City and @Macquarie Centre, don't forget to mention the name of our school and \$5 from every pair of shoes purchased will go towards P&C who in turn will re-invest it back to the school.

Entertainment Book

Come support us by buying the Entertainment Book Membership! From shopping to dining, to travel, get what you love and give back to our cause. Buy today and 20% goes directly to our fundraising cause.

Click on this link to purchase: <https://au.entdigital.net/orderbooks/217d861>

Uniform Shop News

Online orders can be placed through <https://www.flexischools.com.au/> at any time and will be filled twice weekly and sent home with your child. There is no need for parents to come to school to collect uniform orders.

Trading Hours During School Term

Tuesday 2:30-3:30pm

Wednesday 9:00-10:00am

Friday 8:30-9:30am

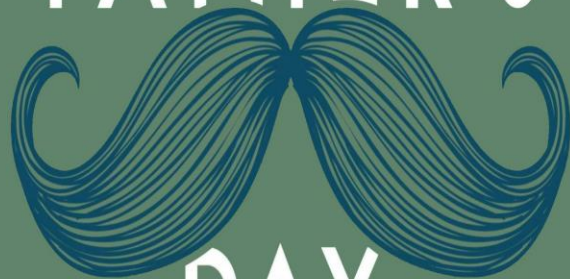
Exchange and Returns

Exchanges and Returns can be dropped off in the school office. Please complete form, package it together with the items you wish to return. Your new items will then be packaged and sent home with your child. Please allow a few days for this process.

Community



FATHER'S



DAY

Breakfast

CELEBRATE FATHER'S DAY
WITH A DELECTABLE BREAKFAST

MONDAY 4TH SEPTEMBER

7.45 - 8.45AM JACARANDA 'COLA' (OUTSIDE DEBASCA)

INVITING ALL DEPS FATHERS, GRANDFATHERS, CARERS & FATHER FIGURES
TO OUR BEFORE SCHOOL BREAKFAST BBQ

COME ENJOY A SAUSAGE SANDWICH, BACON & EGG ROLL
PLUS OTHER MORNING DELIGHTS, INCLUDING COFFEE VAN

A PERFECT WAY TO START THE DAY WITH YOUR KIDS
THE SCHOOL BAND WILL ALSO BE PERFORMING



DON'T FORGET
FATHER'S DAY RAFFLE

TICKETS WILL BE SOLD
IN THE MORNING AT BREAKFAST

\$5 A TICKET OR 3 FOR \$10

PLEASE RSVP HERE BY 26 AUGUST

RSVP ESSENTIAL

DONATIONS TO THE P&C FOR BREAKFAST
ARE ENCOURAGED & WILL BE APPRECIATED



VOLUNTEERS NEEDED

PLEASE SIGN UP <https://volunteersignup.org/JR34X>




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Saturday (9:00 - 11:00 AM)

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Program includes

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Locations

Frenchs Forest | Narrabeen
North Ryde | Ryde



Contact Us 1300 914 368 admin@australiansportscamps.com.au



City of Ryde

GRANNY SMITH FESTIVAL

21 OCTOBER 2023

APPLICATIONS OPEN FOR:

- PARADE
- STALLHOLDERS
- PERFORMERS
- VOLUNTEERS

ENTRIES CLOSE 6 AUGUST

TO APPLY VISIT RYDE.EVENTS/GSF



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Australian Childhood Anxiety TREATMENT STUDY

Free home-based assessment and treatment for 7 to 12 year old children with fear and anxiety disorders.

Does your child become very afraid of certain situations or objects, worry about a lot of things, get very distressed, or try to avoid things they fear?

About the study

Our team at Griffith University may be able to assist you. We are conducting a nationwide study that includes the following services at no cost to families:

- A thorough assessment of your child's anxiety with a trained psychologist via the telephone;
- Your child receiving one of two kinds of home-based treatments delivered on a PC, laptop or tablet; and
- Two follow-up telephone assessments with a trained psychologist 6- and 12-months after treatment to track your child's progress.

The study aims to find out if these two treatments are as effective as each other, and which children have the best response to each kind of treatment. This will mean that there are more evidence-based treatments available for helping anxious children.

About the treatments

Each treatment involves your child completing treatment sessions at home on a PC, laptop or tablet.

Each treatment involves your child learning practical strategies to better manage anxiety.

- One treatment helps children learn to control the focus of their attention on helpful things around them.
- The other treatment helps children learn to think differently and approach things they fear.

Each treatment includes information, telephone or email support for parents in assisting their child to better manage anxiety.

Prior studies have shown that children who complete each treatment experience significant reductions in anxiety.

Contact us

This study is being funded by the National Health and Medical Research Council and is led by Professor Allison Waters and a team of experts in childhood anxiety disorders.

For more information about our study and our team, or if you would like your child to participate, please contact us:

☎ (07) 3735 3351

✉ cadrp@griffith.edu.au

🌐 griffith.edu.au/childhood-anxiety-treatment-study



Australian Government
National Health and
Medical Research Council



Queensland, Australia

GU Ref No: 2019/146